



2008 VCU WOMEN'S CROSS COUNTRY TEAM RESULTS



Spider Open - Hosted by Univ. of Richmond
(2 mile course) - VCU 2nd of 2 (30 runners)

1. Melissa Douglas	14th	12:39.50
2. Heather DelaCruz	16th	12:50.40
3. Samantha Hendel	17th	13:02.20
4. Nicole Walters	18th	13:07.50
5. Genova Washington	19th	13:41.50
6. Aubree Washington	20th	13:47.40
7. Jennifer Dominquez	23rd	14:51.20

Virginia Tech Relays
(Total race - 12km) - VCU 4th of 5 (20 pairs)

1. Melissa Douglas/Heather DelaCruz	8th	48:48.00
2. Samantha Hendel/Nicole Walters	10th	49:47.00
3. Genova Washington/Aubree Washington	15th	51:39.00

25th Annual Greensboro Invitational
Hosted by Hagan Stone Park
(5km course) - VCU 1st of 4 (164 runners)

1. Heather DelaCruz	5th	19:41.90
2. Samantha Hendel	6th	19:52.80
3. Genova Washington	7th	20:15.80
4. Nicole Walters	13th	20:36.50
5. Aubree Washington	23rd	21:16.80
6. Christina Costello	35th	21:51.50
7. Jennifer Dominguez	37th	21:56.40