



2008 VCU MEN'S CROSS COUNTRY

INDIVIDUAL RESULTS



Alfonso Clark
So. • Virginia Beach, Va. • Bayside

Event	Dist.	Place	Time
Spider Open	5k	56th/60	19:59.90

Chris Derosé
So. • Alexandria, Va. • West Potomac

Event	Dist.	Place	Time
Spider Open	5k	49th/60	17:49.30
Tech Relays	8k	23rd/30	28:22:00
Navy Invitational	8k	93rd/117	28:42.20
Greensboro Invite	8k	28th/163	29:34.80

Piotr Dybas
Jr. • Jaslo, Poland

Event	Dist.	Place	Time
Spider Open	5k	32nd/60	16:24.30
Tech Relays	8k	13th/30	25:19.00
Navy Invitational	8k	23rd/117	26:14.50
Greensboro Invite	8k	3rd/163	26:46.30

Stephen Mutisya
Jr. • Machakos, Kenya

Event	Dist.	Place	Time
Spider Open	5k	2nd/60	15:13.50
Tech Relays	8k	3rd/30	24:43.00
Navy Invitational	8k	5th/117	25:09.10
Greensboro Invite	8k	7th/163	27:42.70

Ben Rodman
Fr. • Williamsburg, Va. • Jamestown

Event	Dist.	Place	Time
Spider Open	5k	42nd/60	17:31.60
Tech Relays	8k	26th/30	28:43.00
Greensboro Invite	8k	38th/163	30:03.20

Tim Rusterholz
Sr. • Lewisville, N.C. • Forsyth Country Day

Event	Dist.	Place	Time
Spider Open	5k	41st/60	17:15.50
Tech Relays	8k	23rd/30	27:07.00
Navy Invitational	8k	82nd/117	28:19.40
Greensboro Invite	8k	10th/163	28:01.40

Tyler Simmons
Fr. • Woodbridge, Va. • Osbourn Park

Event	Dist.	Place	Time
Spider Open	5k	18th/60	16:04.10
Tech Relays	8k	12th/30	25:56.00
Navy Invitational	8k	50th/117	27:14.80
Greensboro Invite	8k	14th/163	28:38.20

John Vial
So. • Glen Allen, Va. • Hermitage

Event	Dist.	Place	Time
Spider Open	5k	40th/60	17:01.50
Tech Relays	8k	13th/30	27:11.00
Greensboro Invite	8k	16th/163	28:48.60

Ryan Webb
So. • Mechanicsville, Va. • Lee-Davis

Event	Dist.	Place	Time
Spider Open	5k	47th/60	17:46.80
Tech Relays	8k	26th/30	28:50.00
Greensboro Invite	8k	30th/163	29:40.10

Joey Wingo
Sr. • Richmond, Va. • Lee-Davis

Event	Dist.	Place	Time
Spider Open	5k	26th/60	16:15.00
Tech Relays	8k	12th/30	26:29.00
Navy Invitational	8k	37th/117	26:51.40
Greensboro Invite	8k	6th/163	27:26.90

Jay Wyss
Sr. • Richmond, Va. • J.R. Tucker

Event	Dist.	Place	Time
Spider Open	5k	3rd/60	15:18.40
Tech Relays	8k	3rd/30	24:49.00
Navy Invitational	8k	13th/117	25:35.50
Greensboro Invite	8k	1st/163	26:15.90